



seniorbenefitservices

# ***MAKE 2019 YOUR BEST YEAR (AND YOU) YET!***

A HABIT I'D LIKE TO *BREAK*:

A HABIT I'D LIKE TO *START*:

A NEW PLACE I'D LIKE TO *VISIT*:

AN AREA IN MY LIFE I'D LIKE TO *IMPROVE*:

A NEW RECIPE I'D LIKE TO *LEARN*:

SOMETHING I'D LIKE TO *TEACH* SOMEONE:

SOMEONE I'D LIKE TO *SEE MORE OF*:

A GOAL I'D LIKE TO *ACCOMPLISH BY 2020*:

A GOOD DEED I'D LIKE TO *DO FOR SOMEONE*:

A NEW SKILL I'D LIKE TO *MASTER*:

SOMETHING I'D LIKE TO *DO MORE OF*:

SOMETHING I'D LIKE TO *DO LESS OF*: